



THE CATHOLIC COMMUNITY OF NORTH HARBOUR

Worshipping Communities of Allambie Heights, Balgowlah, Balgowlah Heights, Brookvale, Clontarf, Manly Vale, North Balgowlah, Seaforth and parts of Beacon Hill and North Manly

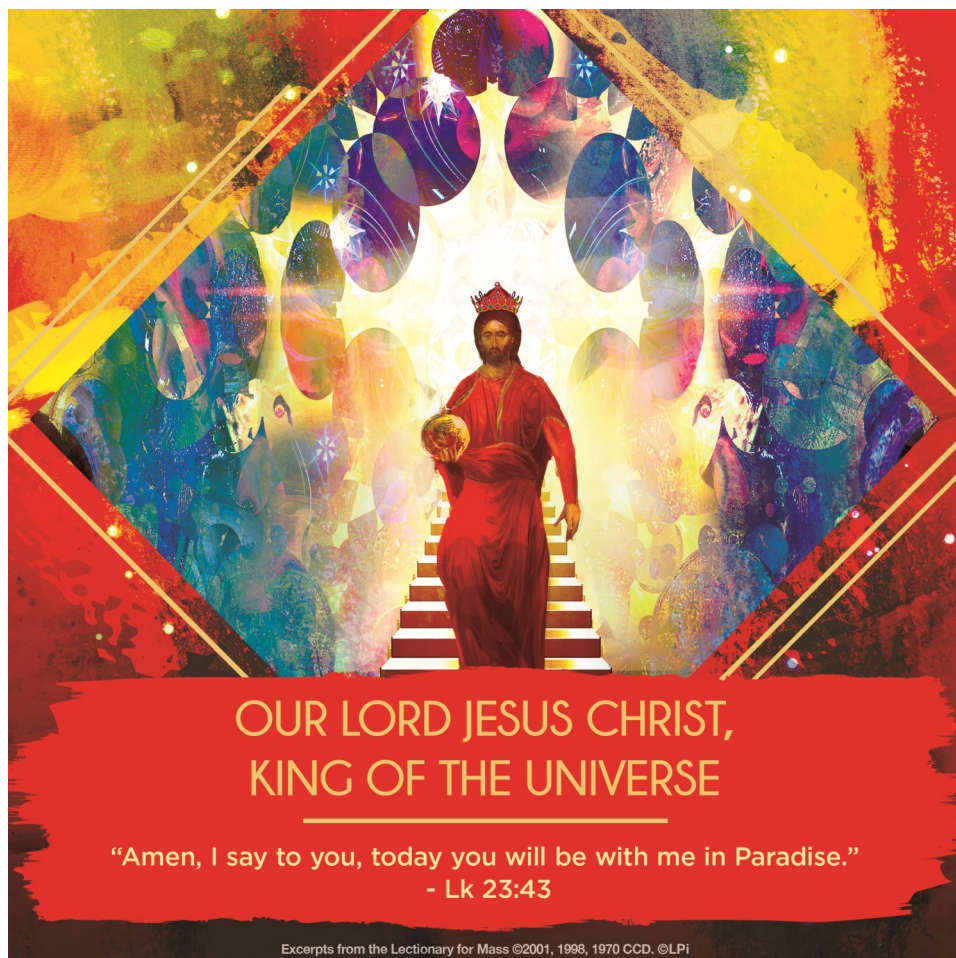


**23
NOV
2025**
YEAR C

Under the Pastoral Care of the Augustinians

Catholic Diocese of Broken Bay

Want to receive the bulletin via e-mail? Email comms@nhcatholic.org.au



OUR LORD JESUS CHRIST, KING OF THE UNIVERSE

"Amen, I say to you, today you will be with me in Paradise."
- Lk 23:43

Excerpts from the Lectionary for Mass ©2001, 1998, 1970 CCD. ©LPI

FIRST READING

2 Samuel 5:1-3

David is anointed King of Israel.

RESPONSORIAL PSALM

Ps 121:1-5. R. see v.2

Let us go rejoicing to the house of the Lord.

SECOND READING

Colossians 1:12-20

We are reconciled in the blood of the cross.

GOSPEL ACCLAMATION

Mark 11:9. 10

Alleluia, alleluia!

*Blessed is he who inherits the kingdom of
David our Father; blessed is he who comes in
the name of the Lord. Alleluia!*

GOSPEL

Luke 23:35-43

The Crucifixion.

MASS & LITURGY TIMES

CHURCH OF ST. CECILIA

Wanganella St and White St, Balgowlah 2093

MASS:

Wednesday, 9am

Sunday, 9am

BAPTISM:

Sunday, 10.30am

1st Sundays of the month (within the 9am Mass)

*Baptism Preparation is required for first baptisms.
Contact Parish Office for more details. Thank you.*

RECONCILIATION:

Saturday, 5.00 to 5.45pm

Church of St. Kieran

YOUTH MASS:

2nd Sundays of the month
during the school term.

WEDDING:

Require six months notice and
include Pre-Marriage Course as
part of the preparation.

CHURCH OF ST. KIERAN

2 King Street, Manly Vale 2093

MASS:

Monday, Tuesday, Thursday, Friday*, Saturday,
8.30am

Saturday (Vigil), 5.30pm

Sunday, 7.30am, 9.30am, 5pm

** Adoration to the Blessed Sacrament after Mass
on Fridays.*

BAPTISM:

Sunday, 11.30am

1st Sundays of the month (within the 9.30am Mass)

*Baptism Preparation is required for first baptisms.
Contact Parish Office for more details. Thank you.*

In the spirit of reconciliation the Catholic Community of North Harbour acknowledges the Traditional Custodians of these lands on which we gather.
We recognise their continuing connection to the lands and waterways and pay our respect to their elders past and present
and extend that respect to all First Nations people in our community.



WELCOME TO NORTH HARBOUR

- YOU ARE INVITED
- JOIN US IN OUR VARIED CELEBRATIONS & ACTIVITIES
- CONSIDER SHARING YOUR GIFTS TO US

GET IN TOUCH



OFFICE@NHCATHOLIC.ORG.AU

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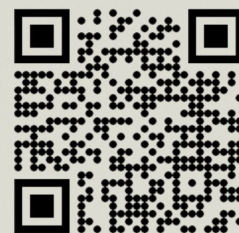


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WHY DO WE DO THAT?

Catholic Life Explained

Question:

What is Eucharistic Adoration?

Answer:

Eucharistic Adoration is a long-standing Catholic devotion that extends the worship of the Blessed Sacrament beyond the Mass. It involves prayer before the Eucharist, whether reserved in the tabernacle or exposed in a monstrance—both forms are equally valid, as Christ is fully present in each. Adoration often concludes with “benediction,” a blessing with the Blessed Sacrament. Some communities practice perpetual adoration, while others hold shorter periods, all guided by the Church’s liturgical norms found in *Holy Communion and Worship of the Eucharist Outside of Mass*.

Though Adoration does not replace receiving Communion, many Catholics find deep comfort and spiritual strength in this quiet, reverent prayer. It fosters a deeper relationship with Christ and reminds us that all Eucharistic devotion is rooted in the celebration of the Mass. Adoration invites us to pause, reflect, and remain close to Jesus, present in the Eucharist, and to grow in love, humility, and reverence for Him.

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GROWING IN FAITH TOGETHER: A NOTE FROM FR MICHAEL

Dear friends,

This weekend, we are blessed to once again share in the Precious Blood of Christ at all our Masses. This is a beautiful expression of our unity in the Lord and a profound sign of His love for us. As we reintroduce this sacred practice, I invite you to approach it with deep reverence and care.

To help us celebrate prayerfully and safely, please take note of these guidelines, which have been adapted from the Broken Bay Diocesan Liturgical Commission:

- Form two lines in the centre aisle when coming forward for Communion.
- You may receive the Body of Christ on the hand or on the tongue — whichever you find prayerful.
- If someone chooses to kneel when receiving the Body of Christ, please allow extra space for safety and respect.
- For the Precious Blood, please remain standing when you receive from the chalice. Kneeling is not permitted because it increases the risk of spilling the Blood of Christ, which we hold in the highest reverence.
- The Precious Blood will be offered from the chalice by drinking directly from it in a reverent manner. For reverence and safety, please do not dip or intinct the Body of Christ into the chalice.
- After receiving the Body of Christ, proceed to the ministers of the Precious Blood, who are positioned to the side, and then return to your seat via the side aisles.
- If you have not yet received First Communion, you are welcome to come forward with your arms crossed over your chest. The minister will offer a prayer of encouragement and hope for you.
- If you experience mobility difficulties, please remain comfortably seated. After everyone has received Communion, our ministers will come to you with great care — simply raise your hand so they can find you.

To assist you further, please take home a copy of *Come to the Table: Participating Fully in Mass and Holy Communion*. These booklets, available at the church entrances, provide helpful guidelines for communicants and will deepen your understanding and love for the Eucharist.

Finally, I wish to thank Bishop Anthony Randazzo for his leadership and pastoral guidance. I encourage you to read his inspiring pastoral letter, *The Mystery of Faith: Encountering Jesus Christ in the Eucharist*, which invites us to rediscover the richness of the Eucharist in our lives.

Thank you for your cooperation and for helping us keep this moment sacred and safe for all. May this renewed sharing of the Lord’s Precious Blood strengthen our faith and unite us more closely as His people.

Blessings,

✠ Fr Michael Belonio, OSA (*Parish Priest*)



WEEKLY SOCIAL JUSTICE CHALLENGES

As we celebrate the Solemnity of Christ the King this weekend, we are reminded that Christ's kingship is not about power or privilege, but about service, justice, and compassion—especially for the most vulnerable. In Australia, as summer approaches, many communities face rising costs of living, housing insecurity, and the ongoing impact of climate change. This feast invites us to ask: *Who are the "least" in our society today, and how are we serving them?* A practical challenge this week could be to advocate for fair housing policies, support local charities assisting families in crisis, or reduce our environmental footprint in solidarity with those most affected by extreme weather. Christ the King reigns not from a throne of gold, but from the cross—standing with the poor, the displaced, and the forgotten. Let us honour His reign by living out His justice in our homes, parishes, and communities.



PASTORAL CARE FOR THE HOMEBOUND

Our clergy and pastoral care ministers bring the sacraments of Eucharist, reconciliation, and anointing of the sick to parishioners who are unable to participate because of illness or aging. For more information and to arrange receiving the sacraments, contact Parish Office.

CARE FOR CREATION TIPS

As we celebrate the Solemnity of Christ the King and approach the festive season here in Australia, consider taking part in "Buy Nothing Day" this weekend. Originally launched in 1992 as a response to consumerism, it encourages us to pause and reflect before diving into the Christmas shopping rush. Instead of spending, take time to appreciate nature, connect with loved ones, and consider how your choices impact the environment and those in need. This is a great opportunity to begin conversations with family and friends about celebrating Advent and Christmas more simply and sustainably—perhaps by giving handmade gifts, sharing experiences, or supporting local charities. As followers of Christ the King, whose reign is marked by humility and service, let us challenge ourselves to resist the pressures of materialism and embrace a spirit of generosity, justice, and care for creation.



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SICK CALLS

AND OTHER URGENT MATTERS

If you need a priest urgently, please call the appropriate number:

BUSINESS HOURS:

PARISH OFFICE—9949 4455

AFTER HOURS:

(Evenings & Weekends)

0490 898 464



Pippa Maree Kendrick

Billy George Kendrick

Children of Nicholas & Katherine

Marcus Empuerto Bailey Thompson

Son of Lloyd & Liberty

Luka Anton Lesic

Son of Daniel & Anita

Samuel John Danieli

Son of John & Melissa

Tom Alexander

Son of Jacob & Belinda

Genevieve Louise Graham

Daughter of Andrew & Jacqui

PRAY FOR THOSE IN OUR COMMUNITY:

SICK:

Nigel Manchee, Remo Dellagiacoma, Odette James,
Joyce Arnold, Peter and Jan Van de Velde,
Cecilia Yeung, Claire Del Gaudio

RECENTLY DECEASED:

Greg Hyde, Irma, Juan, Jose, Irma Jr, Ian Joseph Bourke, Gerald O'Brien,
Harrison Foresto, Paul Daly, Gerard Say

ANNIVERSARIES:

Henryk Gawecki, Franz Hakvoort

Our community would love to pray for you.

If you have an intention you would like to be included in this bulletin please e-mail
office@nhcatholic.org.au

AN INVITATION TO BECOME A CATECHIST

Jesus said "as I was sent into the world, I now send you..."

As Catechists, we are both teacher and witness for our students. Like the tiny mustard seed, the seed of faith is planted into each of our students and we hope that each child will grow in their love for God through His grace. For more information please contact our Catechist Coordinator, Ursula Hallaway, on 0423 595 204 or email catechist@northharbourcatholic.org.au

We are needing volunteers in 2026 for, at least, the following classes:

- **Balg Hts K-2:** Tues 10:30-11am
- **Balg Hts Yr 3-6** Tues 11:25-11:55am
- **Manly Vale Yr 3** Wed 9:00-9:35am
- **Seaforth Yr 3 and 4** Wed 2:15-2:45pm
- **Balg Nth Yr 1** Thurs 2:10-2:40pm



INVITATION TO 2025 PARISH CATECHIST CHRISTMAS MASS

for all Past and Present Catechists.

11:30am on Monday 1st December in St Kieran's Church

Followed by a lunch in The Parish Centre afterwards.

RSVP IS ESSENTIAL. Please rsvp to Ursula Hallaway 0423 595 204

or catechist@northharbourcatholic.org.au

ADVENT CANDLES
\$12⁹⁵
Set of 4 available in assorted sizes

SHOP NOW
Parish Piety Shop

Welcome to North Harbour Catholics New Facebook Page



THE CATHOLIC COMMUNITY
OF NORTH HARBOUR

We're excited to launch our new Facebook page after the old one faced technical issues.

Join us to stay connected, share faith, and support one another in our community.

Follow our new page and connect with our community today!



Vinnies Hamper Appeal

The Manly Vale Conference
Christmas Tree is up!

To provide a little joy to our neighbours in need:

- Register your details on the provided sheet
- Select an envelope from the tree
- Take a box
- Fill it with the help of family and friends

Please return by 12th December.
Thank you for your generosity.



On **30 November**, we begin with the new Liturgical Year – Year A.
As we enter the Season of Advent, we encourage you to reintroduce this wonderful tradition of preparing your own Advent Wreath.

Take home with you a tri-fold brochure available in the church entrances that explains on how to get started with an Advent Wreath.

*Our Parish Piety Shop sells Advent Candles
Limited stock only.*



NOVEMBER Masses Envelopes

Mass offering for the faithful departed

MASS FOR THE HOLY SOULS
Please offer Mass for the Family,
Friends, Relatives and Benefactors of:

Name: _____

Address: _____

Amount \$ _____

November Masses



**NOW
AVAILABLE
AT THE
CHURCH
ENTRANCES**

Prepare your heart and spirit this Advent season
by joining our

Advent Reflection Group

a time of prayer, reflection, and
meaningful conversation
as we journey together toward the
joy of Christmas

Take a moment to step away from the busyness
of the season and reflect on the themes of
hope, peace, joy, and love
in preparation for the birth of Christ.
All are welcome - come and be part of this
special experience!

Every Friday before Christmas beginning Friday 28 Nov 7:30 PM Fr Jojo Fr Tan St Kieran's Parish Centre

PARISH SOCIAL JUSTICE GROUP
*Faith in action - living the Gospel
through justice and love.*

ACTIONS

Supporting VINNIES with the Christmas Hamper drive. See the Giving Tree. Take an envelope, a box and return asap.

Last chance for collecting bags for "It's in the Bag" for SHARE THE DIGNITY campaign
Collaborating with St Augustines College for future projects.

WHAT'S NEXT?

Unpacking the Laudato Si toolkit for our parish. Guest speaker Phil ??? Of SJ in the Bay to show us how

Join us on Monday 1st December
7pm in the Parish Centre
2 King Street Manly Vale
ALL ARE WELCOME

COMMUNION GUIDELINES

Please take a 'Come to the Table' booklet at the church entrances to familiarise yourself with the practical guides on receiving Communion as we prepare to re-introduce the Blood of Christ.



AFA

AUGUSTINIAN FORMATION ASSOCIATION

Christmas DINNER

a fundraising event
Live Music, Lucky Door & Raffle Prizes

NOV **29** 2025
- Balgowlah RSL Club -

\$60 PER PERSON

DIRECT DEPOSIT: BSB No: **032190** Acct No: **105386**

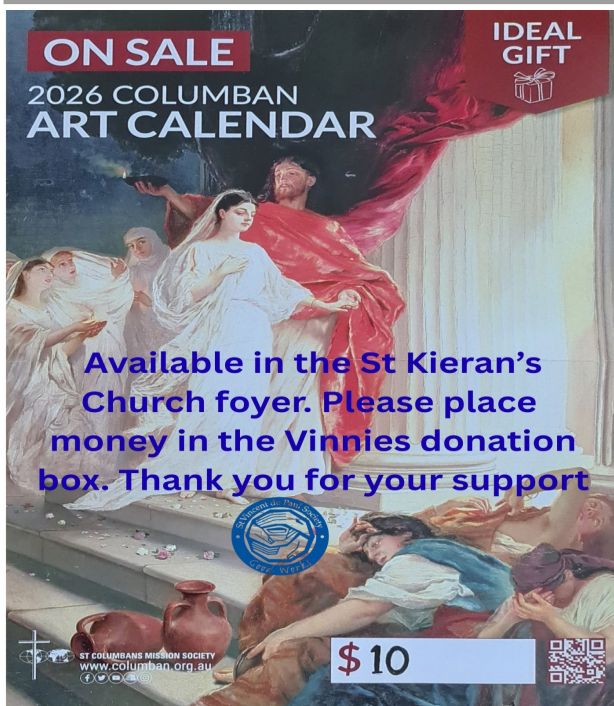
Ref: (Your Surname) - AFA XmasDinner

CASH PAYMENTS: only at the Parish Office or
call Honorine (0416 042 316)

Any donations for the raffle would be greatly appreciated.
Drop donations at the Parish Office
or call
0402 099 746
by 21 Nov

Unable to attend?
Can you fund an Augustinian?

Bring CASH!
for the games - lucky number,
pick a jar, closest to the bottle
and the scratchie tree raffle



PRAISE & PLAY

O Y C H O S E N J E W S V W
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 S J G Y O C F H P O W E R O
 I N S U L T E D P D O R F N
 A X Y F H W T G A C X C N G
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 K C P V X R X M A N E R V A
 E O C S R I C G D J B Z I D
 H E M V D M I I I L F Y W Z
 A G O D S I V A S F A F N V
 F S A V E N L A E T N M M P
 E G P G R A R E M E M B E R
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 R J N N N S Y O Y B M G E G
 K W I N E C W S Y N R U U W

WORD SEARCH

Jesus Christ is King forever.

TRY TO FIND THESE WORDS:

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 Jews
 paradise
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 promise
 remember
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Sharing the Gospel

When someone hurts you, you might get very angry. You might want to say or do mean things to get even. Before you do anything, pray first. Ask God to help you say and do the right things. When Jesus hung on the cross, he said, "Father, forgive them." When you love God and forgive yourself and others, God will say, "I promise that when you die, you will be with me in paradise."

Prayer

Lord, I want to be with you in paradise.

Mission

I will ask God to help me forgive when I am hurt and angry.

©LPi

Promoting a safer Church

The care and protection of children, young people and adults involved in Church activities is the responsibility of everyone who participates in the LIFE of the Church.

SAFEGUARDING
 is everyone's responsibility



COLOR

Read the Gospel of the week and color the image.





O Lord, our God, let our mouths not speak vanities. Make us happy in You, for we will not lose You if we have clung to You, nor shall we go lost. Make us happy in You.

Sermon 113, 6
- St. Augustine of Hippo

NEXT WEEKEND (30 NOVEMBER 2025): 1ST SUNDAY OF ADVENT, YEAR A

	29 NOV, 5.30PM ST KIERAN'S	30 NOV, 7.30AM ST KIERAN'S	30 NOV, 9AM ST CECILIA'S	30 NOV, 9.30AM ST KIERAN'S	30 NOV, 5PM ST KIERAN'S
FIRST READING Isaiah 2:1-5 <i>All nations shall stream to the mountain of the Lord.</i>	Senior Server Louise	Senior Server Anna	Senior Server Antoinette Ilde	Senior Server Catherine	Senior Server Kevin
RESPONSORIAL PSALM Ps 121:1-2. 4-5. 6-9. R. see v.1. <i>Let us go rejoicing to the house of the Lord.</i>	Readers Bob Leonie Edelvine (R)	Readers Tim Olivier Lea (R)	Readers Brian Jeanette Julien	Readers Terry Tania Brian (R)	Readers Cecilia Leanne
SECOND READING Romans 13:11-14 <i>Live honourably, the day of the Lord is near.</i>	Music Parish Choir	Music None	Music TBD	Music TBD	Music TBD
GOSPEL ACCLAMATION Psalm 84:8 <i>Alleluia, alleluia!</i> <i>Lord, show us your mercy and love, and grant us your salvation. Alleluia!</i>	EMHC Volunteer needed Volunteer needed	EMHC Volunteer needed Volunteer needed	EMHC Volunteer needed Volunteer needed	EMHC Volunteer needed Volunteer needed	EMHC Volunteer needed Volunteer needed
GOSPEL Matthew 24:37-44 <i>The Lord is coming when we least expect.</i>	Powerpoint Volunteer needed	Powerpoint Joseph	Powerpoint Volunteer needed	Powerpoint Volunteer needed	Powerpoint Volunteer needed
	Welcomers Volunteers needed	Welcomers Volunteers needed	Welcomers Volunteers needed	Welcomers Volunteers needed	Welcomers Volunteers needed

OBSERVANCES FOR THE WEEK OF 23 NOVEMBER

Mon 24 Nov: Sts Andrew Dung-Lac, priest, and companions, martyrs
Tue 25 Nov: Tuesday of the 34th Week in Ordinary Time, Year 1
Wed 26 Nov: Wednesday of the 34th Week in Ordinary Time, Year 1
Thu 27 Nov: Thursday of the 34th Week in Ordinary Time, Year 1
Fri 28 Nov: Friday of the 34th Week in Ordinary Time, Year 1
Sat 29 Nov: Saturday of the 34th Week in Ordinary Time, Year 1

The Catholic Community of North Harbour

Under the Pastoral Care of the Augustinians

Catholic Diocese of Broken Bay www.bbcatholic.org.au

Parish Office 2 King Street, MANLY VALE 2093 NSW AUSTRALIA
P 02 9949 4455 **E** office@nhcatholic.org.au **W** www.bbcatholic.org.au/northharbour

Office Hours 9.00am to 4pm (Tuesday to Friday)

Churches
Church of St Cecilia Wanganella St and White St, Balgowlah 2093 NSW
Church of St Kieran 2 King St, Manly Vale 2093 NSW

Parish Staff
Parish Priest: Fr Michael Belonio, OSA **E** pp@nhcatholic.org.au
Asst Priest: Fr Jumbim Torres, OSA **E** jtorres@nhcatholic.org.au
Asst Priest: Fr John Zhang **E** jzhang@nhcatholic.org.au
Administration Officer: Charlene Mendoza **E** admin@nhcatholic.org.au (Tue-Fri)
Bookkeeper: Valerie Buono **E** accounts@nhcatholic.org.au (Thu)
Parish Secretary: Jane Filacuridi **E** office@nhcatholic.org.au (Tue, Wed)
Parish Secretary: Anne Ross **E** office@nhcatholic.org.au (Thu, Fri)
Catechists, Family & Sacramental Ministries: Ursula Halloway **M** 0450 101 767 **E** families@nhcatholic.org.au
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Primary School



Acting Principal:
Ms Marisa Bombardieri



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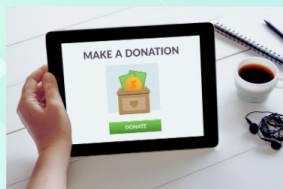
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Co-educational pathways K - 12

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Thank You!



THE CATHOLIC COMMUNITY OF
NORTH HARBOUR



CATHOLIC
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(First Collection)



PARISH
GIVING
(Second Collection)



PASTORAL WORKS
BROKEN BAY
(Diocesan Ministries)

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PWBB and Augustinian Appeal envelopes are also available at the
church entrances

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